

Life Choice Glandular Protocols: Professional Use Only – Not Intended for Public Release

HGH+ - Adrenal Gland – Thyrodine® Thyroid Gland – Thymus Gland

The following dosages are according to label dispensing.

- **HGH+:** 8 drops under the tongue 3 times per day – taken 20 minutes before or after food or water.
- **Adrenal Gland:** 3 capsules daily
- **Thyrodine® Thyroid Gland:** 1 capsule daily with food.
- **Thymus Gland:** 1 capsule daily with food.

The following protocol is for those not taking medication and not under doctor's care who suspect they have a low functioning thyroid based on blood tests.

Hypothyroidism: (low thyroxin levels)

Dosage:

- **Thyrodine®:** 1 capsule in the morning and 1 capsule in the afternoon, separated by 8 or more hours.
- **HGH+:** 8 drops under the tongue 3 times per day – taken 20 minutes before or after food or water.
- **Adrenal gland:** 2 capsules before breakfast and 2 capsules midday at approximately 2:00pm

Protocol should be followed for 90 days before having follow-up blood tests.

The following protocol is for those not taking medication and not under doctor's care who suspect they have a hyperactive thyroid gland based on blood tests.

Hyperthyroidism: (high thyroxin levels)

Dosage:

- **Thyrodine®:** 1 capsule in the morning and 1 capsule in the afternoon, separated by 8 or more hours.
- **HGH+:** 8 drops under the tongue 3 times per day – taken 20 minutes before or after food or water.
- **GABA:** 2 capsules 2 times per day on an empty stomach.

On prescription (drug) desiccated thyroid medication wishing to discontinue treatment:

The following protocol must be supervised and under doctors care and supported with regular blood tests.

Dosage:

Your prescription medication and prescribed dosage will need to be taken in conjunction with the following,

First 30 days:

- **Thyrodine®:** 1 capsule separated by 8 or more hours from prescribed medication.

Second month:

Prescription dosage to be taken as directed every second day, the days off prescription medication follow the protocol below:

- **Thyrodine®:** 1 capsule in the morning and 1 capsule in the afternoon, separated by 8 or more hours.
- **Adrenal gland:** 2 capsules before breakfast and 2 capsules midday at approximately 2:00pm
- **HGH+:** 8 drops under the tongue 3 times per day – taken 20 minutes before or after food or water.

Third month:

Prescription dosage to be taken as directed every third day; the days off prescription medication follow the protocol below:

- **Thyrodine®:** 1 capsule in the morning and 1 capsule in the afternoon, separated by 8 or more hours.
- **Adrenal gland:** 2 capsules before breakfast and 2 capsules midday at approximately 2:00pm
- **HGH+:** 8 drops under the tongue 3 times per day – taken 20 minutes before or after food or water.

After third month order blood tests for thyroxin levels and depending on results and medical advice adjust prescribed medication or if levels have stabilized remain on the above protocol for the next 90 days and order blood test.

Maintenance dosage when off medication for 90 days:

- **Thyrodine®:** 1 capsule in the morning and every second day 1 additional capsule in the afternoon (total per day 2), separated by 8 or more hours.
- **Adrenal gland:** 2 capsules before breakfast and 1 capsules midday at approximately 2:00pm
- **HGH+:** 8 drops under the tongue 3 times per day – taken 20 minutes before or after food or water.

Hashimoto's disease:

Dosage:

- **HGH+:** 8 drops under the tongue 3 times per day – taken 20 minutes before or after food or water.
- **Thymus gland:** 3 capsules 3 times per day taken on an empty stomach.
- **L-Glycine:** 3 capsules 3 times per day taken with Thymus gland.

Above protocol for 90 days followed by blood test to determine changes in blood levels and disease state

Glandular Information:

The body's thyroid gland works in conjunction with other gland for endocrine balance, your adrenal glands become stressed when your thyroid gland is low in thyroxin causing adrenal fatigue, and why both Thyrodine® thyroid gland and adrenal gland need to be taken together to lessen the symptoms of adrenal fatigue and to help balance the thyroid gland.

HGH+ homeopathic is the only legal way of administering active hormones into body without the need of prescription: HGH+ contains the following:

True desiccated raw tissue glandular therapies are one of the most powerful and direct forms of natural medicine. The selection and preservation of the glands is critical in order to achieve a therapeutic response, they must be raw desiccated whole gland concentrates from non-GMO grass-fed New Zealand bovine or ovine for Thymus gland; non-medicated and hormone free and produced without chemical residue or gland tissue damage. The medicinal glands must be produced and certified as being hormone free yet preserved in such a fashion to encourage the body's own corresponding gland to stimulate a hormonal response in order to influence a physiological change. The domino effect creates target-specific polypeptides from the specified organs creating a therapeutic response which in turn benefits the entire human system, the method used by Life Choice for all desiccated glands.